



VISITATION GUIDELINES

Limited to family member or support person

Updated March 9, 2021

At HMC we are here to care for you – our neighbors, friends and family. We believe emotional care is an important part of patient recovery. With that in mind we have updated our visitation guidelines for family members and caregivers. Thank you for your cooperation as we work to keep your patient, your family members and our staff safe.

To enter our facilities, you must:

- Be 16 years of age and older.
- Be healthy. If you have symptoms of illness, you may not enter for visitation.
- Check in and out at facility entrances.
- Wear a mask/face covering, observe social distancing and sanitize hands frequently.

To keep you informed

- Upon admission, a point of contact and communication plan will be set with a family member or support person age 16 and over. Daily updates will be provided to the point of contact, if desired.
- Virtual visitation is available.
- The patient will provide a password for identification so that communication can take place between the hospital staff and family members.

Non COVID-19 patients, two designated persons are allowed to visit.

COVID-19 positive patients (including patients who are under investigation for COVID-19), visitation is restricted to end-of-life care or special circumstances. Special circumstances may include patients with disabilities or where having a family member present would benefit the patient's clinical care. If supporting a COVID-19 patient, compliance with personal protective equipment is required.

Adults

- Two persons are allowed during end-of-life care.
- It is important to stay in the room except for basic personal needs (ex: restroom).
- Please leave personal items in vehicle.
- Room size limits the use of additional chairs.
- Adult surgery patients who stay overnight may have one person after the patient is in their room.
- No visitation in ICU unless special circumstances, such as end of life.

Pediatric Patients

If you are supporting a pediatric patient, please observe the following guidelines:

- Limited to two parents/caregivers to support the child.
- Pediatric patients having surgery may have two parents/caregivers at a time at the bedside. The caregiver may wait in the patient room during the procedure

Mother-Baby, Labor & Delivery, Antepartum & the OB Emergency Department

- Two support persons are allowed per patient.

Emergency Department and Intensive Care Unit

- One support person at the bedside at a time

No exiting, No re-admittance.

References: [Center for Disease Control www.cdc.gov](http://www.cdc.gov)
[Alabama Department of Public Health www.alabamapublichealth.gov](http://www.alabamapublichealth.gov)